



EAGLE MOUNTAIN-SAGINAW ISD Athletics

How to Become an EMS ISD TrailBlazer Athlete

The mission of Special Olympics is to provide sports training and athletic competition in a variety of Olympic-type sports for children with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friends with their families, other athletes and the community.

To be eligible to participate athletes must be:

Age 8+ to practice and compete in local and area competitions

Age 12+ must qualify at area to compete in state competitions

Athletes must have completed all [forms on our website](#) before participation. The medical release is good for 1 year and then must be renewed.

Practices are in the afternoon/evening hours, outside of school hours. Track and Field practices are at Marine Creek Middle School. **Parents are required to be at practices.** Practice schedules come out a month before the sport begins.

For additional information or questions, please contact Emily Kasper at ekasper@ems-isd.net.

EMS ISD



TrailBlazers